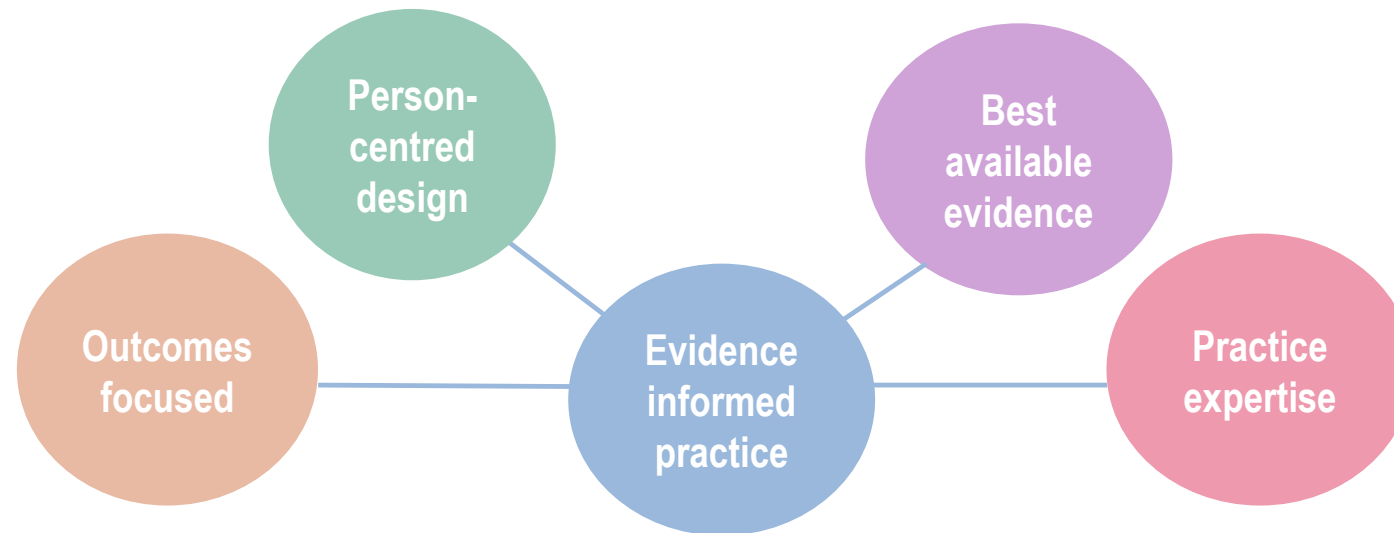


# Evidence-informed practice

The integration of the best research evidence with practice expertise and client values.



# There are a range of complimentary approaches to delivering evidence-informed interventions.

- **Manualised or Evidence-Based Programs (EBPs)** – a structured package of intervention practices that have been combined into a clearly defined program, including specifications for implementation such as dosage, intensity and workforce requirements. The program is supported by empirical research evidence, typically, a randomised controlled trial or quasi-experimental design.
- **Evidence-informed practice elements** – are brief procedures or techniques that are used intentionally within a helping relationship to influence a client's attitudes or behaviour. They are identified by their common appearance in evidence-based programs or multiple sources of evidence (e.g. theory, practice handbooks and research).
- **Evidence-based program modules** – are made up of a specific combination of practice elements and can be combined to form a tailored program, that is supported by empirical research evidence.

# More information on evidence-informed initiatives in child and family reform

**For any learning system reports you can go to the Strong Families, Safe Children website Newsfeed page:**

<https://www.strongfamiliesafechildren.vic.gov.au/news-feed>

**For more information or any queries please contact:**

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