

Goals and working towards outcomes



Goals describe what your child and family want to achieve, develop or learn with support from the NDIS and other services.

Setting goals

- What things are most important for your child and their family?
- What things would your child like to try but have never had the opportunity or support to do so?
- What things would you like to change?

Examples of NDIS goals

- I would like to be able to learn and improve my activities of daily living skills to be able to live as safely and independently as possible in a house near my parents, currently and in the future.
- I would like to continue to develop social and communication skills to make friends and to participate in community activities, including the possibilities of volunteering or working in the near future.
- I would like support to maintain and improve my physical health and well-being, with increased physical exercise and increased ability to understand and manage my emotions and behaviour.
- I would like to continue to participate fully in the community, independent of my parents like others my own age.
- To maintain and improve my health and well-being.
- During this plan I want to have opportunities to access my community and build positive relationships with my peers.

- I wish to increase my personal skills and capacity at home and in the community so that I can be more independent.
- To have opportunities to engage in recreational and social activities I enjoy.
- I would like to improve my ability to speak clearly and be understood.
- I would like to be able to walk independently so I can keep up with peers.
- During this plan I would like to develop my coping skills to manage my sensory needs and high levels of anxiety.
- I would like to be able to regulate my emotions so I can make friends and play with my siblings.

For more information

ACD Support Advisors

Phone: **03 9880 7000**

or **1800 654 013** (regional callers)

To book a phone appointment

Text: **0484 687 494**

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Web: www.acd.org.au

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